



a startcooking.com recipe

FRUIT SALAD

Serves 8-10



- 1/2 pound of seedless grapes
- 1 quart strawberries
- 1 cantaloupe
- 1 pineapple
- 2 bananas
- 1/2 cup orange juice
- 2-3 Kiwi

In a large serving bowl combine:

Grapes: rinse in cool water, slice in half.

Strawberries: rinse in cool water, hull, cut into bite sizes.

Cantaloupe: cut in half; remove the seeds and rind, cut into bite size pieces.

Pineapple: remove the rind, cut into slices then into bite size pieces removing the core as you go.

Bananas: peel and slice and put in small bowl.

Orange juice: pour 1/2 cup over the bananas.

Kiwi: peel and slice or cut into wedges.

Mint: garnish.

*all fruits and amounts are adjustable to your taste