



a startcooking.com recipe

VEGETABLES AND DIP



- 3 Carrots
- 2 Stalks of Celery
- 3 small pickling Cucumbers (peeling optional)
- 1 Red, green, and or yellow peppers
- 1 pint Cherry or grape Tomatoes
- 4 rounds Pita Bread
- 1 pint of Hummus

Wash all the vegetables

Peel carrots and cut into 2 inch strips

Trim the ends and then cut the celery into 2 inch strips

Cut cucumber into 2 inch strips

Cut peppers in half and remove the stem and seeds, then cut into strips

Cut pita bread into triangles

Arrange all the vegetable and the pita bread on a decorative platter.

Serve with hummus or your favorite dip